

# Key Learning

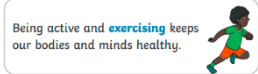
What are the basic needs of humans for survival?  
(water, food and air)



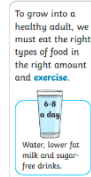
What is the life cycle of a human?  
Humans have offspring which grow into adults



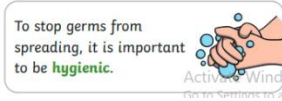
Why is it important for humans to exercise?



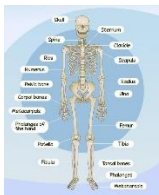
Why should we be eating the right amounts of different types of food?



Why is it important to have a good hygiene routine?



Can you name some of the bones in your body?



# Years 1 and 2 Science Humans

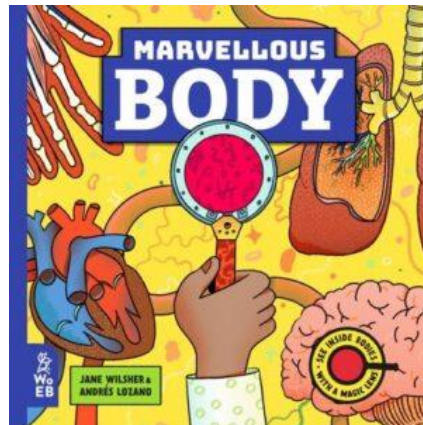


## Humans

Can you label all of the bones correctly?



## Good Read



## Key Vocabulary

diet	The food and water that an animal needs.
disease	Illness or sickness.
exercise	A physical activity to keep your body fit.
germs	Tiny living things that can cause disease.
hygiene	How we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.
nutrition	Food needed to live.
pulse	The beating of the heart that can be felt in your neck and wrist.