

Morda CE Primary School PE, Sport and Healthy Living Action Plan 2022 – 2023 EVALUATED



	TOTAL ALLOCATION :17, 000				
School evaluation	Targets and Actions	Lead Staff	Resourc es	Progress	Actual Impact
Children and families need support to live healthy lifestyles in the context of a society where there are many pressures on children to make unhealthy choices and financial pressures are particularly high.	Target To provide three "Living Well" weeks: Eat Well, Sleep Week and Be Active. Actions LE/JE to organise Eat Well and Sleep Week LE/FE to organise BE Active week (plans to be developed and published on website)	JE/ILE/ FE	£1,500 (Activities) £ 200 additional hours organisation (LE and FE) £1,700	Eat well week successful 17/10/22 (see website) Sleep well/ Wellbeing week successful 13/2/23 Be Active Week booked week beginning 10th July 2023 DONE	Eat well week 90% of children tired new healthy foods Harvest tea encouraged eating healthy sandwiches (made by children) eating whole meal breads Sleep well week Children able to speak about emotional wellbeing and dealing with anxieties The Big Bag of Worries' with Sophie from Trailblazers MHST Emotional Wellbeing with BEAM Children know how to keep safe on line NSPCC Online Safety webinar Young Carers have opportunity to access therapy and work through concerns YC Lego Therapy Session Children in year 5 and 6 able to explore more healthy sleep preparation though drama and work with students with a range of disabilities improving awareness and inclusion work with students Drama workshop Derwen Training College students Be Active Week Successful Be Active Week with a variety of sporting activities. Sports Day was held on the Wednesday with all children taking part in the track races and the carousel of sports being led by the Year 6 Sports Leaders who demonstrated and supported the younger children. 100% participation – Very good parent attendance at sports events Forest School sessions with all classes First Aid training given to Years 5 and 6 Water Safety training delivered to whole school . – All Y5/6 know basic First Aid procedures / All school able to recognise water safety signs and know some rules of how to keep safe by water Children attended after school sports sessions
Children need to experience high quality PE instruction	Target To provide all children with outstanding PE lessons so that children know and remember more of the procedural and subject knowledge throughout the PE curriculum. Actions Line manager JE/HC to conduct termly PM meetings with PE Teacher PE lead to visit Whittington to collaborate on developing gymnastics and dance curriculum (initial meeting to be set up OCT 2022)	JE/ HC	£2700	Meeting with HT Whittington 12/10/22 to plan collaboration Completed Plans for inter school football spring / rounders summer 2023 – Email ro Head Whittington sent to confirm dates – awaiting dates - TBC Whittington Elllesmere and Morda – Dates to be confirmed (Jan 2023) Termly collaboration meetings planned (PE lead from Whittington now left – FE to follow up contacting new PE lead March 2023) Informal meeting with Whittington HT at indoor athletics - Dance curriculum: Sing Up .org recommended by Whittington lead FE to look at scheme with a views to purchasing for 2023/2023 dance curriculum – Looked at resources – decided these were not suitable	12/10/22 Dance curriculum and resources discussed plans prepared for dance curriculum delivery 2023/23 External Dance teacher bought in to support this year's dance teaching – and as a training opportunity for PE lead (Autumn 2022) PE lead now feels able to lead dance lessons next academic year. Excellent pupil feedback about enjoying PE lessons Wide range of sports taught in spiral curriculum building on procedural knowledge in sporting skills- Pupils from years 4/5/6 competed in interschool sports competitions – Tag Rugby, Football, Hockey – School in top three for several competition despite being smaller than most schools Year 5/6 trained in sports leadership – able to support delivery of Be Active Week Athletics taught to all year groups – Year 3,4,5,6 competed in interschool tournaments in cross country-and athletics. Many children in top ten in their age category in cross country and First place in throwing event in area athletics competition SM observations of PE lessons observed outstanding lessons Ofsted praised PE provision



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Restart an after- school swimming club for targeted children in Y5 and 6	Target All children to leave Morda CE Primary School swimming 25 metres. Ongoing Actions Book a pool, mini buses – Oswestry School. Book lifeguard and swimming teacher.	FE	Sports coach: 1.5 hrs x 25 weeks Life guard 1.5 hrs x 25 weeks £40/week transport/po ol hire £1750	Email booking query 8/9//22 Every afternoon booked at Oswestry – only option in school day . Coach lifeguard and hire of pool service available – but only during the school day. 21/11/22/: Urgent: FE to assess numbers of yr 6 will need this book 10 sessions after May 2023 for after SATS week DONE	100% of children in year 5/6 able to swim 25 metres or more
Deliver high quality swimming teaching for children in Y3, Y4 and Y5. Aims:	Target All children to leave Morda CE Primary School swimming 25 metres. Ongoing Actions Book pool book buses Release staff (trained swimming coach) and support staff to deliver lessons. Develop diving and water safety sequence of learning for more confident swimmers who have already achieved 25m	E	10 x 1 hour Swimming fee £100 Transport - £526 Total £626	21/11/22/ Urgent : FE to book pool on Nov 2022 for spring term 5 before half term 5 after half term FE to give Admin dates so coach is booked . DONE	15 /21 71% of year 5s achieved 25 m 6/12 50% of year 4s achieved 25 m Children who did not achieve 25m all made good progress from starting points Year 5 4 children achieved 3m 1 child achieved 4 m 1 child achieved 5 m Year 4 2 children achieved 10m 2 children achieved water confidence
Maintain the high level of organisation of all sporting festivals and fixtures, including Be Active week. Ensure all children have the opportunity to compete in intra-school sporting events.	Target To ensure Morda children have opportunities to compete in inter and intra school competitions Actions To allocate sports coach hours to carry out administration tasks, including Be Active Week Planning To ensure HC/JE have termly meetings with FE to plan / monitor competition schedule	FE	Cost: £912. (whole academic year) 0.5 hour x 38 weeks Intra school cup for each class £100 Total £1012	See progress on interschool events – Whittington Tag Rugby (Marches school) Booked 24/11/22 Urgent: by 23/11/22 FE to complete Risk Assessment form and Evisits forms with HC Wed am. Future inter completions to be organised by FE • Athletics 12, 19th and 26th Jan – after school • 6 aside boys football Yr 5/6 date TBC • Year 5/6 girls football 15/3/23 • Cross country 3 /4 27th April and 4th May • Queens Way Athletics year 3/4/5/6 9/6/23 • Year 5/6 kwick Cricket date TBC	School Took part in following sporting events: • Athletics 12, 19th and 26th Jan – after school • 6 aside boys football Yr 5/6 date TBC • Cross country 3 /4 27th April and 4th May • Queens Way Athletics year 3/4/5/6 9/6/23
7. To maintain and further improve the high level of coordination in the local group.	Target To continue to establish a well organised training and qualifying programme of annual events for the school games in the North West Shropshire area. ON GOING Actions To attend and contribute to meetings in EIP Contribute to cost of EIP local area sports coordinator	FE & SG	£250 EIP sports subscription . Plus £35 Medals fund Total £285	See above -	FE attended and contributed to meetings in EIP School contribute to cost of EIP local area sports coordinator
8. To provide opportunities for children to experience dance within the PE curriculum.	Target To develop sequence of learning in dance (4 sessions) dance lessons for each class. Actions To access training for PE teacher in developing dance curriculum (SPRING 2023)	FE.	Sports coach (contracted hours) £300 for resources £500-Dance teachers	FE to investigate possible schemes for teaching dance	Dance session delivered to all classes : Male dance teacher – Cost £500 Children enjoyed – positive response from boys



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have access to residential high-quality outdoor education. All key stamountain wactions Boo after Boo Arth Boo Boo 10. Ensure that children in upper key stage 2 have access to high-quality outdoor education. Target All children walking fro dignificant qualified mactivity challenging and as a result do not do enough physical play during lunch times will result in children taking part in more daily exercise. Target To run a ractivities di amount of exholor beautivity challenging and as a result do not do enough physical play during lunch times will result in children taking part in more daily exercise. Target To run a ractivities di amount of the school of For childre through inc and sport. Actions Target To run a ractivities di amount of exholor sport of the school of procedural and substantive knowledge of a range of sporting conditions and sport. Actions Target To provide sporting conditions and sport. Actions Target To provide short of the school of sport of th					
10. Ensure that children in upper key stage 2 have access to highquality outdoor education. 11. There is a group of children in the school who find sustained activity challenging and as a result do not do enough physical play and sport. Encouraging children to take part in structured physical play during lunch times will result in children taking part in more daily exercise. 12. Children need opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting activities 13. Children to experience High-quality gym lessons which build on previous learning in year. 14. Target To run a ractivities of an activities of the school of practises skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting activities 15. Children to experience High-quality gym lessons which build on previous learning in year.	stage 2 ess to gh-quality Arthog. All YS children to take part in a residential week of high-quality outdoor education at Arthog.	JE with FE.	Supply cover residential cost: £500	Arthog booked March 2023- Transport booked Booked parent information sessions booked Feb 2023	Successful Arthog Trip TAs and teacher supply partly subsidised through PE budget Very positive response from all children who attended
in upper key stage 2 have access to high-quality outdoor education. 11. There is a group of children in the school who find sustained activity challenging and as a result do not do enough physical play and sport. Encouraging children to take part in structured physical play during lunch times will result in children taking part in more daily exercise. 12. Children need opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured aporting activities 13. Children to experience High-quality gym lessons which build on previous learning 14. Target To run a ractivities di amount of the school. 15. Actions 16. Target To provide sporting activities di amount of the school. 16. Actions 17. Target To run a ractivities di amount of the school. 18. Actions 19. Actions 19. Actions 19. Target To provide sporting activities di amount of the school. 20. Actions 21. Children need opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting activities di amount of the school. 32. Children need opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting activities di amount of the school the school of the scho	All key stage 2 children to take part in a mountain walk led by Arthog Out Reach Actions Book Arthog residential (1st week after Easter) Book supply for adults attending Arthog			Volunteers from staff at this time: FE, EG,	
There is a group of children in the school who find sustained activity challenging and as a result do not do enough physical play and sport. Encouraging children to take part in structured physical play during lunch times will result in children taking part in more daily exercise. 12. Children need opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured astivities 13. Children to experience High-quality gym lessons which build on previous learning in year. To run a ractivities di amount of the school of For childre through inc and sport. Actions Target To run a ractivities di amount of the school of For childre through inc and sport. Actions Target To provide sporting of children to number of school sport of school sport of school sport of the school of the school in a substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting of school sport	stage 2 to high- outdoor walking from a small countryside walk to a significant mountain in upper KS2 lead by qualified mountain leaders Actions Book Arthog Out Reach (During Living Well Be Active Week – summer 2023) Contact local mountain leader for local walk		Arthog Outreach Mountain Walk £900 per class £1800	Contact by Dec 2022: FE to contact Arthog Outreach and book 2 days Mountain Walk (Roses and Shamrocks) FUNDS DO NOT ALLOW FOR THIS TO HAPPEN THIS ACADEMIC YEAR	NOT DONE THIS YEAR – POSTPONED TO 2023/2024
opportunities outside the school to practise skills and improve procedural and substantive knowledge of a range of sports so that they can become more proficient in their favoured sporting activities 13. Children to experience High-quality gym lessons which build on previous learning To provide sporting c children to number of school sporting activities Scho in a Rev conspref	group of le school sustained nging and lo not do sical play children to structured y during ill result in grapar in grapar in ercise. To run a range of physical and sporting activities during lunchtimes to increase the amount of exercise children are doing in the school day For children to develop gross motor skills through increased practice of physical play and sport. Actions To design a programme of activities (handball, basket ball, SMOOGA football skipping dance/aerobics etc) encouraging children to take part in physical play and sports at lunchtime. Beginning OCT 2022) To provide training and planning session afterschool for lunchtime supervisors to deliver activities (FE/ JE OCT 2022)	JE with FE.	4x Physical activity leaders – 1 hour per day for whole academic year £10,000	FE to design rota for Active Play lunchtime activities Training session booked 1/11/22 – 10.45-11.45 am Midday supervisors (KMcT , EG, MP JJ, SR) – cover required in Daffodils Active play – sessions to begin 1/11/22 HC to books Management observations of Active play sessions – and provide coaching where necessary – Spring 2023 : FE to be released on a fair weather day to coach Midday supervisors in further developing active play. – Catch up training – booked 17/3/23 DONE	Rota completed Activities being delivered Children leading activities very enthusiastic Spring 2023 Children very independent in setting up Dance and lots of children enjoying and taking part on a daily basis All children able and encouraged to take part in a range of sports and physical activities during lunch times. Good participation in all lunchtime activities Very popular dance sessions with boys and girls of all ages taking part and Yr 6 pupils leading dance sessions Very popular summer sports on the field at lunch time (cricket and rounders) Many more children being active during lunch times
experience High-quality gym lessons which build on previous learning in year. • FE	n need outside practise improve and chowledge sports so become int in their sporting and sporting clubs to link with festivals in a variety of sporting programme-consult with children about preferred activities	FE/JE	£ 3,000	On going – clubs being delivered weekly DONE	An average of 15 children a day taking part in after school sessions – Up to 30 in some sports. Mixed age participation Ex Morda Pupils volunteered to help run clubs as part of Dof E and were excellent role models for younger Morda Pupils
scho FE t ensi knov Sele safe	gh-quality s which previous All classes be taught a sequence of learning in gym building on work done last year. • FE to visit Whittington School and look at Gymnastics provision in school • FE to develop PE curriculum plan to ensure children build on previous knowledge and practise skills • Selected small apparatus to be safety checked stored in main school they can be used in PE sessions.		£300 (cover for PE lead to visit Whittington)	FE to arrange date to visit Whittington to observe / talk to PE lead about Gym curriculum DONE FE visited Whittington and saw Dance lesson – Gymnastic not being taught at that time. URGENT – By Dec 2022: FE to email Whittington PE lead and ask for Gymnastics scheme of work to support planning in Morda – on going	More structured sequence of learning building gymnastic skills – on going development of this area planned for Sep 23 onward with Federation of Morda and Whittington