

		Morda Sleep and Emotional Well-being Week 13 th to 17 th January 2023	
		Morning	Afternoon
Monday 13th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	Morda Governors Parents/Carers Coffee Drop-In 8.45am School House All Welcome	Emotional Wellbeing with BEAM Bluebells 10-10.30am Daffodils 10.45am Roses 11.15am https://www.childrensociety.org.uk/information/young-people/well-being/services/beam-shropshire-telford-wrekin
		<p>‘The Big Bag of Worries’ with Sophie from Trailblazers MHST https://www.shropshire.gov.uk/children-s-mental-health-and-wellbeing</p> <p>Daffodils 1.15-1.35 Bluebells 1.40 to 2pm</p>	
Tuesday 14th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	<p>Shamrocks Class to The Marches Theatre 9am</p>	
		<p>NSPCC Online Safety webinar Monday 13th February 7pm to 8pm Link to follow</p>	
Tuesday 14th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	Young Carers Whole School Assembly with Anita Foster 10.45am www.crossroadstogether.org.uk/young-carers-shropshire	Bedtime Stories with Siobhan Shaw Oswestry Librarian Bluebells 1.15pm Daffodils 2.15pm www.shropshire.gov.uk/libraries/find-a-library/oswestry-library
		YC Lego Therapy Session School House 11.15am	Afterschool Story Session Mr Pickavance 3.15pm School House
Wed 15th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	<p>BEAM workshop Dealing with Anxiety</p> <p>Shamrocks Class 9am</p>	
		<p>Wellbeing Survey Questionnaires All classes</p>	
Wed 15th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	<p>School Nurse visit Katie and Helen</p> <p>Parents/Carers Drop-in 2.30-3.30pm School House All Welcome</p>	
		<p>KOOTH Information session for parents/carers Alina Ahmed 3pm www.kooth.com</p>	
Thursday 16th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	Morda Governors Parents/Carers Coffee Drop-In 8.45am School House All Welcome	Mindful Music Worship assembly HC 10.45am
		<p>Whole School Assembly 2.45pm HC</p>	
Friday 17th	Diary Time/ ThinkUKnow www.thinkuknow.co.uk	<p>Pyjama Day Please bring £1 donation for Crane Counselling Service Dress warmly www.cranecounselling.co.uk</p>	
		<p>Drama workshop Derwen Training College students Shamrocks 10.50am www.derwen.ac.uk</p>	
			